



Menus are subject to change.  
 NISD Food Service/Aramark  
 1800 Highway 114, Justin, Texas 76247  
 817-215-0007

May 2019  
 Pre-K Lunch Menu  
 aramark

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

- 29**
1. Hamburger or Cheeseburger
  2. Boneless Chicken Wings
  3. SunButter & Jelly Sand.

- 30 Food Show@EHS**
1. Chicken Nachos
  2. Grilled Chicken Sandwich
  3. SunButter & Jelly Sand.

- 1**
1. Crispy Chicken Sandwich
  2. Chicken Corn Dog
  3. SunButter & Jelly Sand.

- 2 Fruit Parfait**
1. Tomato Soup & Grilled Cheese
  2. Fish Sandwich
  3. SunButter & Jelly Sand.

- 3 School Lunch Hero**
1. Homemade Cheese Pizza Slice & Sesame
  2. Broccoli & Cheese Potato
  3. SunButter & Jelly Sand.

- 6**
1. Hamburger or Cheeseburger
  2. Beef Enchiladas
  3. SunButter & Jelly Sand.

- 7**
1. Beef Salisbury Steak
  2. 100% Beef Hot Dog
  3. SunButter & Jelly Sand.

- 8**
1. Chicken Fried Rice & Egg Roll
  2. Pizza Sticks
  3. SunButter & Jelly Sand.

- 9 Fruit Parfait**
1. Beef Nachos
  2. Sloppy Joe Sand.
  3. SunButter & Jelly Sand.

- 10**
1. Homemade Cheese Pizza Slice & Sesame
  2. Chicken Tenders
  3. SunButter & Jelly Sand.

- 13**
1. Beef Chili Mac
  2. Grilled Cheese
  3. SunButter & Jelly Sand.

- 14**
1. Boneless Chicken Wings
  2. 100% Beef Hamburger or Cheeseburger
  3. SunButter & Jelly Sand.

- 15**
1. Mac & Cheese
  2. Fish Sandwich
  3. SunButter & Jelly Sand.

- 16 Ace Jr. Chef Winning**
1. French Toast Sticks with Turkey Sausage
  2. Beef Taco Bowl
  3. SunButter & Jelly Sand.
- Jr. Chef Winning Recipe: Parfait Surprise\*\*

- 17**
1. Homemade Cheese Pizza & Sesame
  2. Chicken Fajitas & Rice
  3. SunButter & Jelly Sand.

- 20**
1. Boneless Chicken Wings
  2. Beef Nachos
  3. SunButter & Jelly Sand.

- 21**
1. Penne Pasta & Meat Sauce
  2. Chicken Fajita Quesadilla
  3. SunButter & Jelly Sand.

- 22**
1. Beef Chicken Fried Steak
  2. Hamburger or Cheeseburger
  3. SunButter & Jelly Sand.

- 23**
1. Beef Tacos & Rice
  2. Mac & Cheese
  3. SunButter & Jelly Sand.

- 24 ACE DAY**
1. Homemade Cheese Pizza & Sesame
  2. Hot Tot Burrito
  3. SunButter & Jelly Sand.

- 27 No School**  
**NISD Food Show**  
**April 30**  
**4:30 - 6:30 PM**  
**Eaton HS**  
 Rewards for attending the Food Show!  
**RSVP @**  
[www.nisdtx.org/foodservice](http://www.nisdtx.org/foodservice)

- 28**
1. Beef Fingers
  2. Boneless Chicken Wings
  3. SunButter & Jelly Sand.

- 29**
1. Hamburger or Cheeseburger
  2. Crispy Chicken Sandwich
  3. SunButter & Jelly Sand.

- 30**
1. Sack Lunch

- 31**
1. Sack Lunch



**Free Summer Breakfast & Lunch Meals at Seven Hills Elementary!**  
 More information at [www.nisdtx.org/foodservice](http://www.nisdtx.org/foodservice) click on "Free Summer Meals"



**Jr. Chef Cooking Academy,**  
 For 4th-8th Grade NISD Students  
 Our Aramark Chef will teach students basic cooking skills. Students will prepare a variety of lunch and snack recipes daily. Every day before leaving camp, students will enjoy their delicious, homemade creations. On completion of the course, each camper will receive a cookbook of the recipes they prepared.  
 Go to [www.nisdtx.org/foodservice](http://www.nisdtx.org/foodservice) and click on Jr. Chef Academy.

**Ace's Jr. Chef Competition Winners**

School	Name	Recipe
Sendera Ranch	Claire D.	Parfait Surprise <b>Grand Prize Winner!</b>
Hatfield	Raelyn M.	Bar-B-Q Chicken Cheesy Pasta Rolls
Love	Travis M.	Cheddar Cheese Quesadilla
Prairie View	Lynnleigh R.	B'LuLu"berry Banan Breakfast Pops
Schluter	Lilly S.	Lilly's Carrot Fries
Beck	Vedha G.	Chick Pea Salad
Hughes	Kaleb R.	Healthy Fried Rice

**Food Allergy Warning:** If the following letter is listed next to entrée, it represents that allergy.  
 Egg Milk Soy Wheat  
 Many entrees come with a Roll, which contains: & Sesame

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1800 Highway 114, Justin, Texas 76247  
817-215-0007

May 2019

Pre-K & Elementary Breakfast Menu



**MONDAY**

**29**  
1. Egg Bagel Sandwich **E M W**  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**TUESDAY**

**30 Food Show@EHS**  
1. Pancakes **E S W**  
2. Pick 2, different items:  
Cheese Cubes **M**  
Yogurt **M**  
Toast **M S W**  
Breakfast Round **E M S W**  
Cereal

**WEDNESDAY**

**1**  
1. Cinnamon & Sugar Donut **M S W**  
*Whole Grain, Baked -Not Fried*  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**THURSDAY**

**2**  
1. Turkey Sausage Pancake Wrap on a Stick **E S W**  
2. Pick 2, different items:  
Cheese Cubes **M**  
Yogurt **M**  
Toast **M S W**  
Breakfast Round **E M S W**  
Cereal

**FRIDAY**

**3 School Lunch Hero**  
1. Egg, Cheese & Tater Tot Taco **E M W**  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**6**  
1. Biscuit & Gravy **E M S W**  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**7**  
1. Cherry Frudel **M W**  
2. Pick 2, different items:  
Cheese Cubes **M**  
Yogurt **M**  
Toast **M S W**  
Breakfast Round **E M S W**  
Cereal

**8**  
1. Chocolate Glazed Donut **M S W**  
*Whole Grain, Baked -Not Fried*  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**9**  
1. Chicken Bagel Melt **M S W**  
2. Pick 2, different items:  
Cheese Cubes **M**  
Yogurt **M**  
Toast **M S W**  
Breakfast Round **E M S W**  
Cereal

**10**  
1. Cinnamon Roll **M S W**  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**13**  
1. Biscuit & Egg Melt **E M S W**  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**14**  
1. French Toast Sticks **S W**  
2. Pick 2, different items:  
Cheese Cubes **M**  
Yogurt **M**  
Toast **M S W**  
Blueberry Loaf **E M S W**  
Cereal

**15**  
1. Powdered Sugar Donut Holes **M S W**  
*Whole Grain, Baked -Not Fried*  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**16**  
1. Egg Bagel Sand. **E M W**  
2. Pick 2, different items:  
Cheese Cubes **M**  
Yogurt **M**  
Toast **M S W**  
Blueberry Loaf **E M S W**  
Cereal

**17**  
1. Turkey Sausage Pancake Wrap on a Stick **E S W**  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**20**  
1. Waffles **E M S W**  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**21**  
1. Chicken Biscuit Sandwich **M S W**  
2. Pick 2, different items:  
Cheese Cubes **M**  
Yogurt **M**  
Toast **M S W**  
Blueberry Loaf **E M S W**  
Cereal

**22**  
1. Cinnamon & Sugar Donut Holes **M S W**  
*Whole Grain, Baked -Not Fried*  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**23**  
1. Egg, Cheese & Tater Tot Taco **E M W**  
2. Pick 2, different items:  
Cheese Cubes **M**  
Yogurt **M**  
Toast **M S W**  
Blueberry Loaf **E M S W**  
Cereal

**24 ACE DAY**  
1. Pancakes **E S W**  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**27**  
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www.nisdtx.org/foodservice  
Northwest ISD Food Service/Aramark  
1800 Highway 114, Justin, Texas 76247  
817-215-0007

**28**  
1. Chicken Biscuit Sandwich **M S W**  
2. Pick 2, different items:  
Cheese Cubes **M**  
Yogurt **M**  
Toast **M S W**  
Blueberry Loaf **E M S W**  
Cereal

**29**  
1. Glazed Donut **M S W**  
*Whole Grain, Baked -Not Fried*  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal

**30**  
1. French Toast Sticks **S W**  
2. Pick 2, different items:  
Cheese Cubes **M**  
Yogurt **M**  
Toast **M S W**  
Blueberry Loaf **E M S W**  
Cereal

**31**  
1. Waffles **E M S W**  
2. Pick 2, different items:  
SunButter  
String Cheese **M**  
Yogurt **M**  
Toast\* **M S W**  
Cereal



**Food Allergy Warning:** If the following letter is listed next to entrée, it represents that allergy. **E** Egg **M** Milk **W** Wheat **S** Soy

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**FREE**  
**CURLY STRAW**  
for all students that get a **SCHOOL BREAKFAST** on Friday, May 24th

Create A Thank You Card For Your Cafeteria Staff & Your Entire School Could Win An Ice Cream Sandwich!

1 Grand Prize Winner: The school that has the **greatest %** of students create a thank you card for their kitchen staff will win an ice cream sandwich for all students on May 10th.

All School Prize: **Any school that has 10% of students** make the kitchen staff a thank you card, we will offer a free ice cream sandwich to all students that get a Lunch Combo meal on May 10th. Students must get a combo meal on May 10th to receive the ice cream sandwich.